

DOCTOR GOUHARE AFSHAN

(*DERMATOLOGIST*)

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I'm Dr. Gouhare Afshan, a dermatologist dedicated to combining scientific expertise with personalized care. With extensive experience in clinical, cosmetic, and medical dermatology, as well as hair transplant techniques, I provide tailored, natural-looking results for each patient.

Passionate about continuous learning, I incorporate cutting-edge treatments like anti-aging procedures, skin rejuvenation, hair transplantation to enhance natural beauty, restore confidence and improve quality of life.

I invite you to explore my professional journey, where science meets artistry, and discover how my diverse skills and dedication to dermatology can greatly contribute to your esteemed institution's reputation for excellence in patient care and aesthetic outcomes.

EXPERIENCE (4+ YEARS)

NOV 2022 – PRESENT

Assistant Professor | Dept of Dermatology, Venereology & Leprosy
Vijayanagara Institute of Medical Sciences, VIMS, Ballari, Karnataka, India.

OCT 2022 – PRESENT

Consultant Dermatologist
Modern Polyclinic, Ballari, Karnataka, India.

Sep 2021 – Sep 2022

Fellowship in Trichology (FRGUHS) | Victoria Hospital
Bangalore, Karnataka, India.

SEP 2020 – SEP 2021

Senior Resident | Dept of Dermatology, Venereology & Leprosy
Vijayanagara Institute of Medical Sciences, VIMS, Ballari, Karnataka, India.

EDUCATION

SEP 2021 – SEP 2022

FRGUHS Fellowship in Trichology | Bangalore Medical College and Research Center
Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka, India.

JUNE 2017 – JULY 2020

MD in Dermatology, Venereology & Leprosy
Hassan Institute of Medical Sciences, HIMS, Hassan, Karnataka, India.

2009 – 2015

MBBS – Basaweshwara Medical College & Research Centre
Chitradurga. Karnataka, India

DISSERTATION

“A comparative study on efficacy and safety of topical metformin lotion, topical tranexamic acid 3% gel and 15% lactic acid peel in treatment of periorbital melanosis.”

PUBLICATIONS

Published:

- Prevalence of oral lesions in pemphigus vulgaris: a retrospective study.
- Giant genital wart in pregnancy: cryotherapy as a spray of hope.
- Safety & Efficacy of Hydrogen Peroxide Topical Solution, 40% (w/w), in Patients with Seborrheic Keratosis.
- Knowledge and attitude of general public towards vitiligo: a study from a tertiary care hospital in south India.
- A clinical, epidemiological, wood's lamp and dermoscopic findings of melasma in females attending tertiary care hospital.

Ongoing Studies:

- Efficacy of azithromycin pulse therapy alone and its combination with isotretinoin pulse therapy in moderate to severe acne vulgaris: a prospective comparative study.
- A study of pattern of nonvenereal genital dermatosis in patients attending skin OPD at tertiary care center.

CONFERENCE PRESENTATIONS

- Poster: "Giant genital wart in pregnancy: cryotherapy as a spray of hope." - Dermacon International, Bangalore
- Oral: "Prevalence of oral lesions in pemphigus vulgaris: a retrospective study." - Cuticon Karnataka, Gadag.
- Oral: "Knowledge and attitude of general public towards vitiligo." - Dermazone South Cuticon Kerala, Thiruvananthapuram.
- Oral: "Erythroderma secondary to dermatophytosis: contribution by corticosteroids."

CERTIFICATIONS / WORKSHOPS / CONFERENCES / CME ATTENDED

- 4C's DIAS observer ship course - Bangalore, Karnataka.
- IMMAST, hands on workshop on co2 laser - Mumbai, Maharashtra.
- Dermabasics - Ballari, Karnataka.
- Cuticon: from bench to bedside - Belgaum, Karnataka.
- Dermacon - Mumbai, Maharashtra.
- Dermadvance - Kasturba Medical College, Manipal, Karnataka.
- Dermazone South and Cuticon Kerala - Thiruvananthapuram, Kerala.
- Cuticon Karnataka - Gadag, Karnataka.
- Dermacon International India - Bangalore, Karnataka.
- CME on "Dermatosurgery and Aesthetic Dermatology" - MMC & RI, Mysuru.
- State level CME / workshop on Basics in Dermoscopy" - Basaveshwara Medical College, Chitradurga, Karnataka.
- National CME on Recent updates in connective tissue disorders" - Subbiah Institute, Shivamogga, Karnataka.

- CME: Recent advances in leprosy” in association with IADVL SIG leprosy - JSS Medical College, Mysuru, Karnataka.
- CME on "Updates on STDs" - HIMS, Hassan
- IADVL Torrent Dermatosurgery workshop - JSS Medical College, Mysuru Karnataka
- Dermabasics "Let's begin the derma journey" - Sri Devaraj Urs academy of higher studies and research - Kolar, Karnataka.
- Research Methodology workshop cum PG orientation programme - HIMS, Hassan Karnataka.

EXPERTISE IN TREATMENTS

HAIR TRANSPLANT	FILLERS	BOTOX
GFC	PRP	LASER
CHEMICAL PEELS	PSORIASIS TREATMENT	THREAD LIFT
HYDRA FACIAL	MESO THERAPY	DOUBLE CHIN REDUCTION
DERMAPEN	DERMAROLLER	SCAR REVISION
TATTO REMOVAL	PLATELET RICH FIBRIN	VAMPIRE FACIAL
SUBCISION	Q-SWITCHED LASER	MICRONEEDLING RF
CARBON LASER PEEL	CRYOTHERAPY	DARK CIRCLE REDUCTION
MELASMA TREATMENT	WART TREATMENT	SKIN TAG REMOVAL
FRACTIONAL	CO2 LASER	ROSACEA TREATMENT
DERMAPLANING	DERMABRASION	ELECTROCAUTERY
KERATOSIS PILARIS	GLUTATHIONE THERAPY	ECZEMA TREATMENT
VITILIGO TREATMENT	HAND REJUVENATION	KELOID SCAR TREATMENT
SPIDER VEIN REMOVAL	SKIN CANCER SCREENING	SKIN INFECTION TRETMENT
LED LIGHT THERAPY	INTIMATE WHITENING	PHOTODYNAMIC THERAPY
NANO FAT GRAFTING	NAIL SURGERIES	EXCISIONS

REFERENCES

Dr. Ravikumar B C

Professor, Dept of Dermatology, Venereology & Leprosy, HIMS, Hassan, Karnataka, India.

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Dr. Chidambaram Murthy

Professor, Dept of Dermatology, Venereology & Leprosy, VIMS, Ballari, Karnataka, India.

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Dr. Parvathi C N

Professor & HOD, Dept of Dermatology, Venereology & Leprosy, HIMS, Hassan,
Karnataka, India.

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